

LifeTree Birth Care – Services List

Packages

Full Support Doula Care and Childbirth Preparation Package: \$1550

Our Full Support Package provides you with a complete childbirth preparation series in addition to complete birth doula care. Included in the Full Support Package:

- One complimentary consultation
- Phone and email support upon signing the contract until three weeks after baby is born
- Six hours of private childbirth education in your home (with Mary Etna)
- One prenatal meeting in your home with your birth doula
- On-call availability from two weeks before your estimated due date until you give birth
- Doula support during your labor and birth
- One postpartum visit

Premium Birth Doula Support: \$1300

Our Premium Birth Doula Support package is our most popular service. Included in the Premium Birth Doula Support package:

- One complimentary consultation
- Phone and email support upon signing contract until three weeks after baby is born
- Two prenatal meetings in your home with both of your doula
- On-call availability from two weeks before your estimated due date until you give birth
- Doula support during your labor and birth
- One postpartum visit



Individual Services

Basic Birth Doula Support: \$800

Basic Birth Doula Support is a reduced service of premium birth doula care.

Included in basic birth doula support:

- One complimentary consultation
- On-call availability from two weeks before your estimated due date until you give birth
- Doula support during your labor and birth

Childbirth Education with Mary Etna Haac MPH, PhD, CD(DONA)

- **Childbirth Education Series: \$300**
Our private, fully comprehensive Childbirth Education courses are taught in your home, totaling 6 hours. Custom childbirth packages are also available by request. Add-on topics: breastfeeding basics, cloth diapering 101, newborn care basics, babywearing 101
- **Comfort Measures for Labor Class (2 hours): \$100**
This class is included in the full Childbirth Education Series (above) and in Full and Premium Doula Support packages.
- **Breastfeeding Support and Counseling: \$50/hour**

